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Course : M.Tech – CSE(AIML)

Project title : SynerMind: A Multi-Agent AI Ecosystem for Mental Wellness

Summary :   
Most existing mental health apps rely on a single chatbot model, which often feels generic, reactive and limited in scope. What I’m representing is different- a collaborative team of AI agents that each specialize in one dimension of mental well-being: mood tracking, daily routine coaching,CBT-based therapy conversations and crisis detection with escalation. This multi-agent design mirrors how real human care team work, making support more personalized,proactive,and and adaptive over time instead of “one-size-fits-all” interactions.  
The expected outcomes is a digital ecosystem that continuously learns the user’s emotional patterns, offers preventive guidance and ensure timely intervention when risks are high. In real-world use, this means and individual doesn’t jus get a chatbot to talkto,but a 24/7 intelligent support system that encourage healthier habits ,reduces stress, and even bridges the gap to professional help when needed. By shifting from single bot approach to multi-agent, humanized ecosystem,Synermind make mental health assistance more practical ,safe and impactful for daily life.